

General Reminders for Your Surgical Appointment

For your safety, it is important that you read carefully and follow the provided instructions.

Failure to do so may be life-threatening, especially with intravenous or intramuscular anesthetics. If you have questions regarding the instructions, please call our office.

- **Attire.** Wear comfortable, loose-fitting clothing and close-toe shoes. Short sleeves are preferred. For safety reasons, flip flops or other loose foot wear are not permitted.
- **Dental Hygiene.** Brush and floss your teeth before your appointment.
- **Accompanying Party.** All minors must be accompanied by their **legal guardian**. There are no exceptions for nannies, babysitters, older siblings, etc.
- **Blood Thinner Medications.** Prior to your surgery, we will review your current medications. Please make certain that our surgical team is aware if you are taking any “blood thinning” medications such as aspirin, Warfarin, Pradaxa, Eliquis, Xarelto, Effient, Brilinta, etc. We will discuss whether you will need to discontinue or adjust the dosing for any of those medications prior to your surgery.
- **Antibiotics.** If you need to take antibiotics prior to invasive dental work for joint replacements or for cardiac reasons (such as valve replacement), please let us know.
- **Antibiotics and Oral Contraceptives.** If you are taking oral contraceptives, please be aware that some antibiotics prescribed post-operatively may decrease the effectiveness of birth control. Please check with your pharmacist and use a “back up method.”
- **Pregnancy.** If you are pregnant, or there is a chance you may be pregnant, or if you are nursing, please let us now.

- **Recent Sickness.** If you are ill or have been recently sick, please call our office to reschedule your appointment. 24-hours' notice is greatly appreciated.